

JUSTIN R. BASHORE

EDUCATION

- M.A. in Psychology** 2017-present
San Diego State University
- B.S. in Psychology** 2009-2012
Michigan State University
Specialization: Health Promotion
Graduated with Honors; Deans List, 2009 – 2012

RESEARCH EXPERIENCE

Graduate Research Assistant 2017 – Present
Center for Understanding and Treating Anxiety, San Diego State University. Supervisor: Nader Amir, Ph.D.

- Preparation and setup of electroencephalogram (EEG) equipment, ensuring proper data collection.
- Literature reviews on ERN, Neurofeedback, and PTSD.
- Training in R Data Analysis.

Research Assistant, Part Time May 2011 – May 2012
Clinical Psychophysiology Lab, Michigan State University. Supervisor: Jason Moser, Ph.D. June 2016 – Present

- Preparation and setup of electroencephalogram (EEG) equipment, & monitoring of data to ensure it is recorded smoothly.
- Instructing participants to follow proper procedures for the EEG data collection.
- Conducted literature searches for scientific articles relating to ERN and other EEG measures.
- Calls to participants for recruitment and eligibility determination.
- Plans to make my own research poster and paper on ERP (Event Related Potential) data comparing the effectiveness of ABM (Attention Bias Modification) to CBT for social phobia.
- Plans to do data analyses and develop a poster in collaboration with Hans Schroder on Growth and Fixed Mindset, and whether inducing one mindset or the other impacts the ERN responses in those with GAD.

Research Assistant, Part Time May 2011 – May 2012
Personality & Well-Being Lab, Michigan State University. Supervisor: Richard Lucas, Ph.D. August 2016 – Present

- Administered computer questionnaires to participants measuring levels of happiness and personality traits.
- Coded word usage in various songs, comparing positive / negative word contents, & how this changed the way songs were perceived by participants.
- Search & presentation of research articles which were relevant to personality and well-being.

CLINICAL EXPERIENCE

Intern for Dr. Thomas A. Richards, Ph.D., Part Time

May 2012 – May 2016

Anxiety and Stress Clinic of Arizona, Phoenix AZ

- Shadowed Dr. Richards when he held individual appointments with patients.
- Held my own small group meetings for anxiety disorders, in which I reviewed Dr. Richard's therapy materials.
- Provided counseling & cognitive behavioral therapy strategies for clients with social anxiety disorder.
- Answered office phone calls and emails, scheduled appointments for clients, answered emails and edited websites.
- Conducted CBT research reviews using PSYCLIT, which assisted Dr. Richards in coming up with the structure of his group and individual therapy programs.

Clinician Associate, Full Time

Dec 2015 – April 2016

Lifewell Behavioral Wellness, Phoenix AZ. Supervisor: Tracy Henderson, Behavioral Health Technician

- Helped provide a safe and secure environment for clients in a residential setting by implementing a daily structure, facilitating therapeutic groups, and being available for crisis interventions.
- Provided positive role modeling and engaged clients in independent living skills, such as cooking and cleaning, and helped them participate in health and wellness programs.
- Learned how to work with SMI patients with histories of schizophrenia, bipolar, and/or substance abuse.

TEACHING EXPERIENCE

Teaching Assistant

Jan 2011 – May 2011

PSY 101 Introduction to Psychology, Supervisor: Richard Lucas, Ph.D.

- Graded written papers on various PSY 101 topics.
- Helped with technology, and instructed students on test taking.

Substitute Teacher

Oct 2016 – Present

Haslett Public Schools, and various Lansing school districts

- Taught elementary, middle school, and high school classes as a substitute teacher.

MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS

Psi Chi (International Honor Society in Psychology, 2009 – 2012)

MSU Psychology Club, member (2009 – 2012)

Alpha Phi Omega (Community Service and Leadership Organization, ~ 20 hours per week from 08/2011 – 05/2012)

REFERENCES

Jason Moser, Ph.D., Associate Professor, Department of Psychology, Michigan State University, East Lansing, MI 48824.

Richard Lucas, Ph.D., Professor, Department of Psychology, Michigan State University, East Lansing, MI 48824.

Thomas A. Richards, Ph.D., Clinical Psychologist, Anxiety and Stress Clinic of Arizona.